



All TUNA parents/guardians and swimmers ages 13 and up, are required to take USA Swimming Safe Sport training every 18 months. There are options to take the training via a group ZOOM call monthly or individually online.

Safe Sport Training for Athletes Ages 13-17 (swimmers age 18+ must take the adult/18+ training below)

There are two options to complete the athlete training:

- 1) ZOOM - USA Swimming holds monthly ZOOM courses. Dates and registration information are updated regularly. To view upcoming ZOOM courses, [CLICK HERE](#) and scroll down a bit to view "Training for Athletes". If asked for, our club code is TUNA.
- 2) Online – There are two steps for your swimmer to take the training online.
 - You must create a login for them on your USA Parent account. Click [HERE](#) for those directions. Each swimmer in your family needs their own login.
 - Once their separate login is created, click [HERE](#) to access "Safe Sport for Youth Athletes (13-17)". Swimmers must be logged in under their own ID to receive credit.

Safe Sport Training for Adults* and Athletes Ages 18 and Up

There are two options to complete the training:

- 1) ZOOM - USA Swimming holds monthly ZOOM courses. Dates and registration information are updated regularly. To view upcoming ZOOM courses, [CLICK HERE](#) and scroll down a bit to view "Training for Parents". If asked for, our club code is TUNA.
- 2) Online – If the ZOOM times don't work for your schedule, there is an online option on the USA Swimming page. Click [HERE](#) to access "Parents Guide to Misconduct in Sport" and you are good to go. Athletes ages 18+ must take the adult training under their own login - see #2 above for directions on creating a login for your swimmer.

*USA Swimming requires one adult per account to take the training. Members are welcome to add an additional 18+ profile to their login account so multiple adults in a household can take the training, but it is not required. If your household has multiple swimmers, each of them must take the training under their own login ID.

If you have any questions regarding this process, please reach out to our Safe Sport coordinator [Eric Neese](#).