



## **TUNA Swim Club (TUNA) Swimmer Code of Conduct**

**(02.22.2025 Update)**

This document is intended to communicate the Tuna Swim Club **Swimmer** Codes of Conduct to all swimmers participating in the Tuna Swim Club.

Tuna Swim Club expects all swimmers and adults associated with the Club to thoroughly read the Codes of Conduct and the Code of Conduct Disciplinary Guidelines so that they understand the Codes of Conduct and the potential consequences for violations.

The Codes of Conduct exist to set expectations regarding behavior and actions, in order to best represent the purpose of Tuna Swim Club, which is *to inspire and prepare our members to set, plan for, and achieve their highest goals in swimming and in life.*

The Codes of Conduct are subject to change per the Board of Directors.

### **Swimmer Code of Conduct**

As a Tuna swimmer I want to help create a fun and positive environment and become the best swimmer and person that I can be. Therefore, I agree to the following:

1. I will engage in good sportsmanship and will represent Tuna Swim Club in a positive manner.
2. I will take pride in my team and contribute to the team's unity. I will adhere to the coach's rules and be supportive of the coach's practice plans and other decisions. I will be at the pool by the appointed time as set by the coach; participate in practices and notify the coach in advance when I will be absent.
3. I will not criticize another teammate's performance or demean, threaten, or harass a teammate. I understand that Tuna Swim Club has adopted the USA Swimming and Safe Sport policies for, among other things, physical and emotional misconduct, abusive behavior, bullying, threats, and harassment. I further understand there is zero tolerance for abusive behavior (including social media) intended to demean, threaten, or harass a teammate. Additionally, I understand that obscene language or gestures, or other detrimental behavior directed toward teammates, coaches, other club members, officials, opponents, swimmers from other clubs, or spectators.
4. I will conduct myself in a respectable manner. I will be respectful to coaches and will be attentive when coaches explain practice drills or pass along other information or instructions. I understand that demeaning, divisive and/or disruptive behavior in the locker room and/or before, during, or after a meet or practice, will not be tolerated.

5. I will not attempt to deliberately injure another swimmer(s). I understand that if I am found to have caused injury or attempted to injure another swimmer, the Head Coach and Board of Directors will be notified as soon as possible, and that I will be subject to suspension or termination as deemed appropriate by the Tuna Swim Club Board.
6. I understand that Tuna Swim Club has adopted the MSHSL approach to chemicals. This means that I will not, regardless of the quantity, use or consume, have in possession, buy sell or giveaway away any substance or product where the intent of such use is to induce intoxication, excitement or stupefaction of the central nervous system, except under the direction and supervision of a medical doctor. I understand this includes beverages containing alcohol, tobacco, controlled substances, or drug paraphernalia.
7. I will adhere to the USA Swimming and Safe Sport policies regarding social media. I understand that cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted to be used in the locker rooms or behind the starting blocks at swim meets.
8. I agree to abide by all the rules set forth by USA Swimming, Minnesota Swimming, Safe Sport, and Tuna Swim Club.

### **Swimmer Code of Conduct Disciplinary Guidelines**

This Swimmer Code of Conduct was created to promote competition and good sportsmanship for all swimmers in the Club. The discipline policies contained in this Code of Conduct conform to USA Swimming and Minnesota Swimming Rules. In some cases, stronger rules may exist within Tuna Swim Club.

Most violations of the Swimmer Code of Conduct will be subject to the First, Second, and Third Offense Guidelines set forth below. However, depending on the severity of the violation or nature of the conduct, there may be circumstances where a first offense is treated as a second or third offense.

1. First Offense: The swimmer will be verbally warned by the coach and the parent/guardian informed. The coach will document the action with an email sent to the parent/guardian and the President and Vice President, Tuna Board of Directors.

2. Second Offense: The swimmer will be removed from the practice, meet, or other team event. The Head Coach, President and Vice President of Tuna Board of Directors will be notified as soon as possible and will document the incident with an email sent to the parent/guardian. A meeting between the coach, swimmer, swimmer's parent/guardian, and applicable Board members will be scheduled. Depending on the severity of the offense, the swimmer may be put on probation or suspended from the team for a period of time determined by the Board of Directors.

3. Third Offense: A Code of Conduct meeting will be held by the Tuna Board Meeting to determine the appropriate level of discipline, which can range from a suspension for a period of time determined by the Board of Directors to removal from the team for the remainder of the season, or permanent dismissal from the Tuna Swim Club.

Any swimmer misconduct not specifically addressed above will be dealt with on an individual basis by the Tuna Board.

All conduct deemed to be in violation of the Swimmer Code of Conduct, and resulting discipline and sanctions will be maintained in confidence by the Tuna Board of Directors to the extent possible and will be cumulative throughout the swimmer's participation in Tuna Swimming.

The Tuna Board of Directors will enforce all violations and notify the individual(s) in writing, after any applicable disciplinary meetings. This will be done in a timely manner.

Any Tuna Swim Club member witnessing or involved in a violation of the Tuna Swimmer Code of Conduct can bring the issue forward to the Board of Directors by:

- Contacting the Head Coach
- Contacting a Board member directly

In situations involving safety concerns, or the need to report issues of abuse, harassment, bullying, or other misconduct, including possible Safe Sport violations, the President and Vice President of the Tuna Board should be contacted immediately.